

The BirthPlace

Holy Name Medical Center



Holy Name Medical Center 
Women's and Children's Health

In Bergen County, Holy Name Medical Center is the place to deliver your baby.

Quality care, a focus on safety, attention to family. That's why our **BirthPlace** enjoys such high patient satisfaction ratings.

- Beautifully designed mother/ baby suites provide a comfortable, home-like environment.
- Technological resources and credentialed staff are immediately accessible in an emergency.
- On-site, 24-hour availability of board- certified obstetrician/ gynecologists, anesthesiologists, perinatologists, pediatricians and neonatologists.
- Certified nurse-midwives on staff.
- Highly trained, knowledgeable and experienced nurses who are cross-trained for labor and delivery, postpartum and neonatal care, and certified in neonatal advanced life support and advanced cardiac life support.
- Personalized, family-centered care.
- Educational and support programs and services help you feel confident and in-the-know.
- Amenities that say, "We care."

*"I'm putting my trust
in your doctors
and nurses."*



When a baby is born at Holy Name Medical Center, *Hush Little Baby* chimes over our public address system, reminding us all of the miracle that is life.

It would be our honor and pleasure to play that beloved lullaby for you and your newborn.



There is no greater priority than Mom's well being and the health of her baby.



**Set your own
visiting hours for
family and friends.**

Holy Name Medical Center knows what women want.

There is no greater priority than Mom's well being and the health of her baby. Fully-equipped cesarean section rooms are located right in **The BirthPlace**, so you can feel confident that however your baby decides to enter this world, every available medical resource will be close at hand and administered by skilled and compassionate staff.

All Specialists, All the Time

All board-certified obstetrician/gynecologist is on site at all times. There is 24/7 access to medical specialists, including board-certified anesthesiologists, eliminating the wait for pain relief and delays for procedures. Babies born with special needs have round-the-clock access to our board-certified neonatologists, along with the resources of Holy Name's Level II Special Care Nursery.

Comfortable Accommodations, Hospitable Amenities

At Holy Name Medical Center, mother/baby suites are spacious and beautifully appointed with wood

*"I want to feel
confident, safe and
comfortable."*

furnishings, residential-quality cabinetry and upholstery, private shower and refrigerator. Many have usable outdoor balconies.

Our bedside technology system ensures that moms don't feel cut off from the rest of the world. It allows you to surf the Internet, order baby supplies online, view instructional videos, manage your e-mail, order meals off the room service menu, and call your friends and family.

Committed to Your Satisfaction

Whenever possible, we try to accommodate your cultural and religious needs, whether it's a special dietary consideration, an appropriate place for religious services, modest patient clothing, or foreign language translation services.

Maternity care at Holy Name is among the top 5% in the nation, according to a study issued by HealthGrades, the independent ratings organization. Holy Name Medical Center received the **2010/2011 HealthGrades Maternity Care Excellence Award™** and has achieved a five-star rating in maternity care for five consecutive years.



Holy Name has been recognized for service excellence by **J.D. Power and Associates** for providing **"An Outstanding Maternity Experience."** Among maternity patients, Holy Name received notably high ratings for respect for patients' privacy and the courtesy of nurses, with maternity patients indicating that they *definitely will* recommend Holy Name to their family and friends.



*Providing answers to all your questions,
in the hospital and at home.*

*“I want to spend time
with my new baby
and family right
after delivery.”*

The BirthPlace’s philosophy of family-centered care supports a mother’s desire for closeness with her loved ones and honors the degree to which she’s comfortable caring for her baby during her stay. Set your own visiting hours for family and friends. Decide how much time your baby will spend with you in your suite. Extend an invitation for overnight accommodations to your birthing partner. We want you to be happy and at ease.

Holy Name’s prenatal and postpartum education programs give baby a healthy start. We offer Lamaze Childbirth Preparation (English and Spanish), Sibling Preparation, Cesarean Birth Class, Breastfeeding Preparation and a Breastfeeding Support Group, Baby Care Basics, Baby Massage, Infant and Child CPR and Car Seat Safety.

During your stay at the Medical Center, BirthPlace nurses will provide in-room education on infant care, feeding and safety. Our lactation consultant is available to breastfeeding mothers, as well.

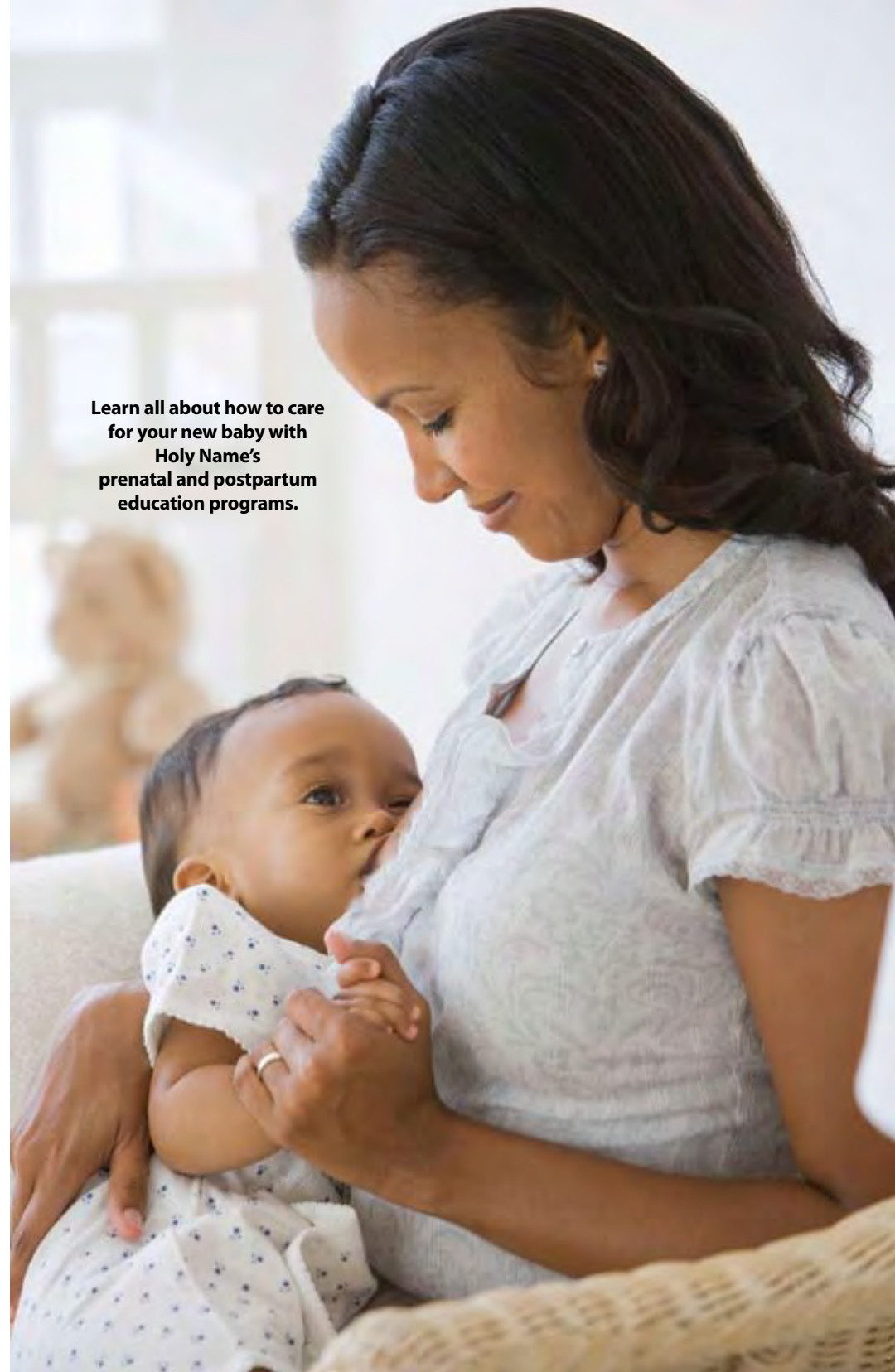
*“I want to be
prepared for
what’s ahead.”*



**After you’ve returned home with baby,
we’re still here for you.**

- Need answers about baby care, postpartum health or feeding? Call **201-833-3124** for a direct link to one of our parent education coordinators.
- The Medical Center’s lactation consultant will visit you and provide support and information about breastfeeding equipment if needed.
- There are board-certified pediatricians on staff at Holy Name to care for your baby from birth through 18 years of age.
- Holy Name’s Pediatric Clinic features a dedicated pediatrician and nurse-practitioner who care exclusively for our clinic patients.
- When you’re unable to stay home and care for your mildly ill child (age three months to 14 years), Holy Name’s “Sniffles Club” can give the medical care and attention he or she needs.

**Learn all about how to care
for your new baby with
Holy Name’s
prenatal and postpartum
education programs.**



Maternity care at Holy Name is among the top 5% in the nation, according to a study issued by HealthGrades, the independent ratings organization.

Features that contribute to outstanding maternity care at Holy Name include:

- 24/7 in-house coverage by board-certified obstetricians and pediatricians
- 24/7 in-house coverage by board-certified anesthesiologists specifically dedicated to obstetrics
- 24/7 coverage by board-certified neonatologists
- Maternal-fetal medicine program and perinatal high-risk services
- Central fetal monitoring
- Maternal monitoring
- Dedicated staff in labor and delivery, postpartum and the special care nursery

For a tour of **The BirthPlace** or for referral to a Holy Name Medical Center obstetrician/gynecologist, certified nurse-midwife or pediatrician, call **1-888-464-7497**.

Holy Name Medical Center

Women's and Children's Health



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201-833-3000
www.holyname.org

member
NewYork-Presbyterian
Healthcare System
affiliate: Columbia University College
of Physicians and Surgeons

Healing begins here.

For referral to a Holy Name physician, or for information about programs and services, call **1-877-HOLY-NAME** (1-877-465-9626) or visit **www.holyname.org**.